

hand inhand



A Newsletter from Person to Person: Winter 2023



Dear Friends,

Thank you for making 2022 yet another remarkable year for Person to Person! We are excited to share what's been happening at P2P thanks to your continual support. From summer enrichment activities for children, to hosting renowned Chef Lidia Bastianich at our annual Transforming Lives Luncheon, to the efforts of our incredible volunteer and community partners, P2P is working hard to meet the needs of 25,000 area residents.

We, like our clients, have been impacted by the rising cost of food and energy over the last year. The cost of basic food items like bread and eggs has risen so drastically it has been a challenge, at times, to keep them stocked in our food pantries. With your generous help, we met the growing need for food and distributed enough healthy groceries for more than 2.1 million meals last year. We also provided more than \$1.1 million in emergency relief, keeping people safe and warm in their homes.

Where inflation lands over the coming months is hard to predict, so your support is critical in 2023. There are many ways you can help. You can donate food through one of our upcoming food drives. You can also participate in our exciting, new volunteer program ViHO (Volunteer in Honor Of) which is featured in this newsletter. And of course, your financial contributions are always appreciated.

Please take a look inside to learn more about what we've been up to at P2P thanks to your generosity. And thank you in advance for supporting us in 2023.

Warmly,


Nancy Coughlin
CEO


Mike Riccardi
P2P Board President

“

P2P is a friend
who has been
with us in the
terrible
moments and
helped us.

*Roxane, P2P Baby
Basics Client*

”

About Person to Person Person to Person (P2P) is a non-profit agency dedicated to providing individuals and families with essential resources to help them overcome daily challenges and put them on a path toward economic stability. P2P serves 25,000 residents in lower Fairfield County with the following programs: three food pantries (Darien, Norwalk, Stamford), clothing center, caseworker assistance, emergency financial assistance, and scholarships/camperships. Established in 1968, P2P serves the communities of Darien, New Canaan, Norwalk, Stamford, Weston, Westport, and Wilton.

Update

Scholarships

Education pays. Students who receive a higher education obtain a wide range of personal and financial benefits throughout their lives.

P2P is committed to providing financial assistance to highly-motivated students in need to continue their undergraduate education.

P2P is pleased to announce two new scholarship partners -- The Lewis H. Nash Foundation and Brown Harris Stevens.

Over the past nine years, P2P has awarded \$32 million in scholarships grants to 571 students.

Join us in congratulating our 2022 scholarship recipient graduates!

Anaelle B.	University of Connecticut
Brianna C.	Central Conn St Univ.
Bryan P.	University of Connecticut
Claudia L.	University of Connecticut
Erick H.	University of Connecticut
Geraldine U.	University of Connecticut
Jefferson L.	University of Hartford
Kimberly R.	University of Bridgeport
Kyai B.	Brooklyn College
Mamadou D.	Iona College
Michael C.	University of Connecticut
Nicole M.	University of Connecticut
Ronide R.	Norwalk Comm College
Sabrina A.	University of Connecticut
Samuel A.	Vaughn College
Shania B.	Southern Conn State Univ.
Windel H.	University of Connecticut

Pictured: 2023 Dr. Rev. Martin Luther King, Jr. Scholarship Recipient Anaelle Benjamin



Volunteer News



ViHO is a new volunteer initiative that allows volunteers to honor someone special while serving others. P2P volunteer Fran volunteers in honor of her 7 grandchildren who she taught about service at an early age. Her granddaughters Lindsey and Rose have volunteered at P2P. Fran learned the importance of helping those in need from her aunt who provided assistance to the homeless in New York City. You can find Fran in the Darien Food Pantry bright and early 4 days a week stocking shelves and preparing bags of food for home delivery.

Who will you ViHO?

To learn more and register, visit the P2P website at p2phelps.org/viho

Pictured: Left-- Fran with home deliveries; Top Right--Rose; Bottom Right--Fran with Lindsey

Food Drive

"Let it Glow"

There's no better way to celebrate the holidays than by giving back. Last November, the Brown family of Stamford held a Christmas Tree Lighting and Food Drive for P2P called "Let it Glow." The honor of lighting the tree went to the Lane family of Darien who brought the most food to the event. Thanks to the Browns and everyone who attended, 1000 pounds of food was collected!

Pictured: Food collected filled 3 large laundry carts.



Thanks to your generous support of OPUS for P2P's "blooms for Campers" campaign, P2P provided camperships for 307 local children last summer. Look for more details in May when OPUS will begin fundraising for summer 2023 camperships. Your donation will provide children with an enriching summer experience while their parents have peace of mind at work.

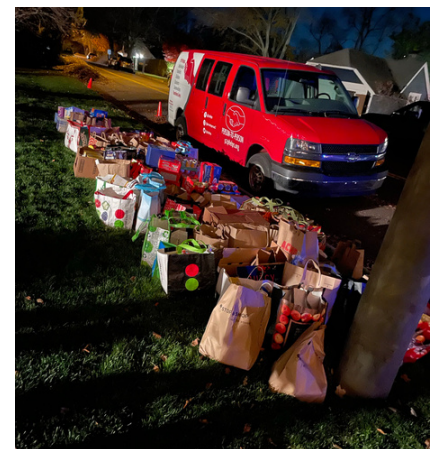
Helping Our Ukrainian Neighbors



A community is built through giving. A group of Russian-speaking volunteers in Stamford is taking action to help local immigrants.

Each week, the group meets at P2P's Stamford Food Pantry to pack food for Russian and Ukrainian immigrants living in Stamford. The need has become greater since Russia's invasion of Ukraine in February 2022 when families began fleeing the country. Some of the volunteers' children help during school breaks and in the summer by delivering the food to clients' doorsteps.

Pictured: Top--Volunteers sort food to be delivered to Ukrainian refugees; Bottom--Polina Popova and Michael Druzhinin, students at Wilton High School, deliver food to a P2P clients.



By the Numbers

P2P Impact in 2022

While 2022 was an extremely challenging year for so many, the dedication of volunteers and support from the community allowed P2P to respond to record demand for services by surpassing multiple bittersweet milestones in the level of support we provided. We are continually moved by the generosity of the community and the resilience of our clients.

Here is a snapshot of some of the amazing things we accomplished together in 2022:



Distributed enough healthy groceries for more than 2.1 MILLION MEALS



Provided more than \$1.1 MILLION in emergency and rent-related financial relief



Empowered 94 college students with scholarships and adult mentorships



Enabled 307 local children to attend summer camp



Supplied 903 households with holiday meals during the Thanksgiving holiday



Provided toys to 2,000 children at annual Toy Store



Provided clothing assistance to 5,642 individuals



Distributed coats to keep 3,439 individuals warm



P2P Events

Transforming Lives

P2P's Transforming Lives Luncheon was a huge success! Held at the lovely Greenwich Country Club on October 27th, the event included an engaging conversation between best-selling cookbook author and restaurateur Lidia Bastianich and Aux Delices owner and chef Debra Ponzek. The duo touched on many topics ranging from Lidia's experience as a refugee in Europe, coming to the U.S., and the role of food and family in her life.

This year's luncheon secured critical funds to support P2P's vision of educated, financially stable and hunger-free homes. The event raised more than \$240,000. Special thanks to everyone who attended and contributed.

Pictured: Lidia Bastianich and Debra Ponzek



Community Partners

SLOBs & NCL

P2P relies on volunteers to fulfil its mission to assist those in need. Two groups that have consistently made a positive impact are SLOBs (Service League of Boys), a high school service organization for boys, and NCL (National Charity League), a mother/daughter service organization.

Whether they're collecting and delivering canned foods for "Stamp Out Hunger Food Drive" or sorting and organizing in the clothing center, P2P has come to rely upon the continued support of these two important organizations. Thank you SLOBs and NCL!

Pictured: Top--Members of Wilton High School SLOBs unload food donations; Bottom--Members of Westport's NCL organize a food drive.

Fundraiser

Giving Day



Since 2014 Fairfield County's Community Foundation has been hosting "Giving Day," a dynamic 24-hour online fundraising event to raise funds for area nonprofits. In 2022, over 400 nonprofits received \$2.2 million through more than 17,000 gifts. This year's "Giving Day" will be held on Thursday, February 23. Visit focgives.org on "Giving Day" to make a donation and help us reach our goal of \$25,000.

Staff News

Dev. & Marketing



With 3 new hires, P2P has a powerful new Development & Marketing team. Look for news about events and fundraisers throughout the year in your Inbox, on the P2P website, and your social media accounts.

Pictured: Left to Right--Sarah Lippman, Joel Weiss, Jennifer Hagen, Courtney Galvan and Ruta Pakstas



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Like us on Facebook

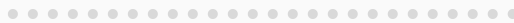


person to person

1864 Post Road
Darien, CT 06820

GET INVOLVED!

There are so many ways to make an impact with P2P and the clients we serve. Whether you choose to volunteer, donate, or partner--you will change lives. Learn more at p2pHelps.org



save the date

April 11 BLOOM FOR CAMPERS APPEAL LAUNCH

May 6 OPUS RUNS FOR THE ROSES, TOKENEKE CLUB, DARIEN

May 13 STAMP OUT HUNGER

June 9 NIGHT UNDER THE STARS, 200 ELM, STAMFORD

P2PHELPS.ORG/EVENTS

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