

Letter from our **CEO** and **Board President**

Neighbors and friends,

Person to Person is on the move!

We haven't stopped since the onset of the pandemic in 2020, rising together to meet the dramatic growth in demand for our services. The past year was no different. Today, P2P proudly serves more than 28,000 families and individuals throughout lower Fairfield County with healthy food, financial assistance, and programs to help people achieve long term stability.

Our 2023-2025 Strategic Plan, adopted in June 2023 after nine months of strategic discussions, includes two significant new initiatives: to launch a second, full time, self-select mobile food pantry to serve residents of the City of Stamford, and to grow our newly launched Financial Opportunity Center®, offering one-on-one financial and job coaching to build assets. These initiatives expand our work to address the critical needs of area residents, help them stabilize their lives, and offer a pathway toward a better future.

We invite you to learn more in this Annual Report about the impact your support can have in your own backyard, including in FY2023:

- 2,574,327 meals' worth of free groceries a 20% increase over 2022
- 46,970 shopping bags of new and gently used clothing, warm coats and household items
- More than \$800,000 of financial support to keep families stably housed with heat and power
- 318 camperships to provide children with enriching summers and parents the ability to work
- Toys, books and holiday gifts for more than 2,000 children

Our organization was born in 1968, out of the Rev. Dr. Martin Luther King, Jr.'s call to,

"Lift up our efforts to combat poverty...
to provide all in need with the basic necessities of
life. The time is always right to do what is right."

Thanks to your support and generosity, we are rising together to meet the challenges of our day. We invite you to join this important journey with us. Thank you!





Nancy Coughlin

CEO, Person to Person

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Mike RiccardiPresident,
Board of Directors

Rising to feed Lower Fairfield County

Unfortunately, hunger is on the rise. At P2P, so are we.

As lower Fairfield County's largest provider of free groceries to low-income communities, Person to Person (P2P) strives to ensure that all residents we support have access to healthy, nutritious food. That includes abundant fresh produce, dairy items, meat and poultry, and shelf-stable goods. Proper nutrition lays the groundwork for children to succeed academically and socially, reduces chronic illnesses such as diabetes and hypertension, and allows families to afford other essential items such as school supplies, medication, and personal care items.

P2P provides healthy food to over 21,000 individuals annually. We distribute food free of charge in a variety of ways and locations to best reach those who need it.

- Three full-time food pantries serve the seven towns in the Stamford/Norwalk area.
- Our mobile food pantry, P2P on Wheels, visits seven Stamford neighborhoods each week, bringing self-select shopping and wraparound casework services to the people who need it most.
 - 524,622 meals are distributed to Stamford residents from the mobile pantry alone – a 4.5% year-over-year increase
- *Door2Door* home delivery service supports our homebound clients with a friendly face and healthy food.
 - 82,999 meals were home-delivered in FY 2023
- Curbside pick-up and drive-through options are available at our South Norwalk and Darien food pantries.





A staff member prepares bags of food for curbside pick-up.



Girl Scouts hold a food drive



P2P volunteers deliver bread from Cobs Bread.



A volunteer stocks eggs in Darien.



A volunteer delivers fresh fruit and vegetables.



A volunteer stocks shelves in the Norwalk pantry.

In FY 2023, P2P provided enough food to prepare 2,574,327 healthy meals. That represents a 20% increase over last year, and two and half times more than the 900,000 meals we provided before the pandemic.

Supporting children & families to ease household budgets

The cost of living is rising in Fairfield County, and the people we serve at P2P are the least able to absorb these higher costs. Our Clothing Center, Baby Basics, Holiday Toy Store, and annual Keep Our Community Warm winter coat give-away free up scarce resources to help struggling families meet their budgets. All these programs rely on community donations of new and gently used items.

Clothing Center

P2P places zero restrictions on who can receive clothing. In FY 2023, P2P distributed 45,570 shopping bags of clothing and small housewares.

Keep Our Community Warm Coat Distribution

In partnership with Beiersdorf, P2P provided members of 500 families with approximately 1,400 new and gently used coats and winter items.

Baby Basics

Together with P2P's women's philanthropy group, OPUS for P2P, and in partnership with Stamford and Norwalk Hospitals social work teams, P2P provided new car seats and layettes to 44 parents of newborns. Baby Basics eases the financial burden on parents and has provided a safe welcome to the world to thousands of newborns since its inception.

Back-to-School Backpacks & Gear

Starting the school year with a new backpack and supplies prepares children and youth for success — yet doing so can be costly. According to the National Retail Federation, 2023 was expected to be the most

expensive back-to-school season to date. Families with children in elementary through high school planned to spend an average of \$890.07 on back-to-school school supplies (including electronics). P2P makes sure students show up on Day One ready to learn, with all the essential gear they need. This program assisted 184 students in FY 2023.

Holiday Toy Store

P2P's Holiday Toy Store is a consistent favorite of our staff, volunteers, donors, partners and clients. We create a pop-up store filled with toys, books and games for parents to "shop" while P2P volunteers entertain their children and help wrap the gifts. Parents may select one toy and book for each of their children as well as one game for their family. Bags for the gifts are hand-decorated by community volunteer groups such as Bank of America, Brown Harris Stevens, Hollow Tree Self-Storage & Wine Vault, NBC Sports, Novolex and State Street Capital. Thanks to our generous community, P2P has distributed gifts to 8,927 children over the last five years (2,002 in FY 2023).







Client Profile - Liselle

Liselle is a single mother, raising an active and joyful 11-year-old son, Ethan. She works when she can, but the rent is high, and many expenses means there are no savings for a rainy day. P2P helped Liselle pay her rent when she hit a bump in the road, and she and Ethan have received help with food and clothing. Liselle plans to enroll in community college and work toward a nursing degree to provide a better life for Ethan. To see Liselle's story, visit P2P's website at p2phelps.org.

Keeping families **safely** and **stably** housed

P2P equips individuals and families with essential resources to help them overcome daily obstacles and achieve economic stability. This includes offering temporary financial assistance and guidance with navigating public service programs. Our trained bilingual (English, Spanish, and Haitian Creole) casework team works one-on-one with clients to provide support, information, and referrals to community services to respond to their needs. In doing so, they hear first-hand the stories of families unable to pay their rent, on the verge of losing their homes, and fearing for the safety of their loved ones.

Thanks to our partnerships with Mothers for Others, the Undies Project and the CT Diaper Bank, we are able to provide more than 1,500 parents of infants with diapers.





In FY 2023, P2P awarded 1,800 financial grants totaling more than \$800,000 for rent, security deposits, utility payments and other emergency expenses.

Helping students rise to the challenge

Students throughout our area are rising to meet the challenges of the 21st century. P2P is helping through college scholarships, mentorships for first generation students, and summer camperships for elementary school students.

Scholarships

P2P helps make secondary education possible for highly motivated, low-income students in lower Fairfield County with general scholarships, STEM scholarships, and scholarships funded by our partners Brown Harris Stevens, the Lockhart Family Charitable Trust, Lewis H. Nash Foundation, Napolitano Family, and more. Over the past ten years, P2P has awarded \$2.6 million in scholarship grants to 408 students.

Mentor 4 Success

First generation college students face unique hurdles to complete college. P2P helps them rise and succeed with a \$5K annual scholarship and an adult mentor who provides them with guidance and support throughout their college career. In FY 2023, 23 students were mentored by trained mentors.

Summer Camperships

When children have access to a fun and joyful summer camp experience, their parents can have peace of mind knowing that while they're at work, their children are in a safe, enriching environment. P2P's campership program has served 3,818 children since 2014.



During the annual "Boat Day," members of Noroton Yacht Club and Darien Sail and Power Squadron take campers and counselors out for a day on Long Island Sound. Despite living in such close proximity to the Sound, for many campers, it is their first time on a boat.

Descrippeson Rev. Dr. Martin Luther King. Jr. Scholarship Award Anaelle Benjamin

Scholarship Profile - Anaelle Benjamin

Anaelle Benjamin received P2P's Dr. Martin Luther King, Jr. Scholarship in 2023, in recognition of her leadership and commitment to service.

Anaelle graduated in 2023 from the University of Connecticut in Storrs, with degrees in Psychology and Sociology.



Our 2023-2025 Strategic Plan

Rising to meet the emergent needs of Lower Fairfield County residents

Following a nine-month engagement of stakeholders and strategic conversations, P2P unveiled its 2023 – 2025 Strategic Plan. Among the seven goals, P2P will **launch a second mobile food pantry to serve the Stamford community** with healthy food including fresh produce, meats, dairy, and shelf stable items like cereal and tuna. The second mobile pantry will replicate our very successful P2P on Wheels, immediately doubling the number of families we can serve in their own neighborhoods from 800 per month to 1,600 per month.

To make this goal a reality, P2P launched the **The Future Fund Campaign for a Stamford Expansion**. Inspired by campaign Chair, Mike Riccardi, The Future Fund raised more than \$400,000 from a select group of lead donors during a quiet phase in the spring of 2023. To learn how you can support fundraising efforts to expand food access in Stamford, visit our website at p2phelps.org.

Did you know?

- Stamford is the 2nd largest city in CT and home to more than 60% of P2P's clients
- Food insecurity has doubled since 2021 from 10% to 20%
- 40% of Stamford and Norwalk residents struggle to afford basic necessities
- High housing costs and pandemic-induced debt are the top reasons people seek out P2P's assistance
- With a housing wage of \$49 per hour or \$126,000 per year, a minimum-wage worker must have 2.5 jobs to cover rent costs
- Over 50% of renters pay more than 30% of their income on rent, underscoring the challenges in securing affordable housing



It gives us more peace of mind to know that we have a place where we can have food, clothes, and sometimes help for rent. Thank you very much.





GOAL 1

Strengthen Financial Opportunity Center® (FOC) program

To support people seeking to increase their income and employment prospects with 1:1 coaching and access to workforce training opportunities.





GOAL 2

Add second mobile food pantry in Stamford

To fully meet the record increase in demand for food assistance.





Transition Scholarships to other outside partners

To align P2P resources to meet the emergent needs of our clients following the pandemic.





Cultivate a robust and engaged Volunteer Corps sufficient to achieve our mission

To secure steady and reliable human resources from a diverse volunteer pool to enable the effective execution of our mission.





GOAL 5

Create a diverse and inclusive organization and culture

To foster an organization where all stakeholders – clients, volunteers, staff and donors – feel welcome and valued.





GOAL 6

Maintain Financial Sustainability

To secure resources from a diversified donor pool to support strategic initiatives that include a second mobile food pantry and the launch of a Financial Opportunity Center and sustained revenue growth to achieve a balance budget in FY27 of over \$5.8M.





GOAL 7

Execute marketing, branding and messaging strategies to support all of P2P's programs and services

To generate awareness of P2P, it's mission and impact, to build support from the community for our work.

New program!

P2P Launches a Financial Opportunity Center®

In September 2022, P2P launched a Financial Opportunity Center® (FOC). Serving residents of the City of Stamford, the FOC is a partnership with national nonprofit, Local Initiative Support Corporation (LISC). FOC participants receive one-on-one coaching and support, designed to allow them achieve financial independence and success. The cornerstone of the FOC model is integrated support with a long-term commitment to helping participants reach their goals.

FOC participants receive services in three core areas:

- Access to income supports connecting clients with income supports such as food stamps, utilities and emergency financial assistance, access to P2P food pantries, clothing and affordable health insurance.
- One-on-one financial coaching and support helps clients to mitigate debt, repair credit, and build assets.
- Workforce readiness supports career exploration, resume building, and job search assistance to help clients increase income and employment prospects.

In its inaugural year, P2P served 168 individuals in the FOC program:



148 individuals received one-on-one financial coaching and income support assistance



62 individuals received employment counseling



46 individuals participated in skills training, vocational, or certification courses



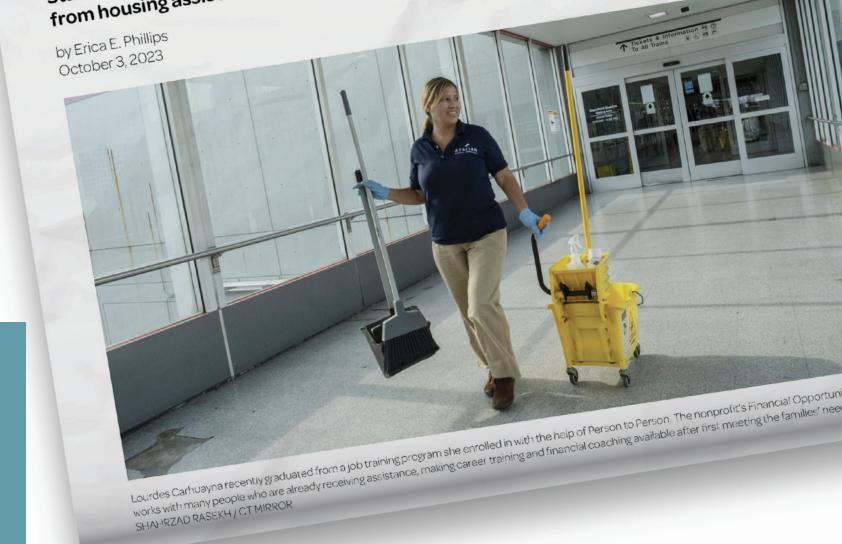
Client Profile - Lourdes

Lourdes is a single mother and immigrant from Peru, who faced challenges in the U.S. after winning a visa lottery. Initially staying in a shelter, she and her children had to resort to sleeping in her car due to recurring illnesses. Balancing work with childcare became difficult for Lourdes and her living situation became increasingly uncertain. With help from P2P, she now has a stable home and is training to become a security guard with dreams of joining the police force.



CT agencies work to prevent poverty from being a barrier to work

State, nonprofit programs try to tackle multiple issues families face at once, from housing assistance to financial resources



OPUS 4 Person to Person

OPUS (which means "great work") 4 Person to Person was founded in 1996 by a dedicated group of Darien women who each "shared a need to be part of and to help the community." No longer made up exclusively of Darien women, this amazing organization has raised more than \$6M for P2P over the past 25 years. OPUS raises awareness about P2P's mission, spearheads the Baby Basics program, Campership Picnic, Blooms for Campers Day, and contributes countless volunteer hours. We are forever grateful for our OPUS partners, Co-Presidents Katie Bruce and Mariana Kniffin, and we extend a special thanks to OPUS founders Lee Hulings and Katherine Michele.

In FY 2023, OPUS raised \$177,000 through a variety of fundraising initiatives, including the annual OPUS Runs for the Roses Kentucky Derby party, very popular Santa Claus for a Cause event, and Fun on the Farm.

OPUS members volunteer at our Stamford Warehouse.



Events

Transforming Lives Luncheon

The P2P Transforming Lives Luncheon on October 27 at the Greenwich Country Club featured TV host, author, and restaurateur Lidia Bastianich in conversation with James Beard award-winning chef and owner of Aux Delices, Debra Ponzek. Attended by over 350 guests, the event included a three-course gourmet meal curated by Bastianich from her favorite recipes and meticulously prepared by GCC Executive Chef Alejandro Abad.



Featured guest Lidia Bastianich and Chef Debra Ponzek sit down for an interview at P2P's annual Transforming Lives Luncheon.

Evening Under the Stars

P2P honored Mike Riccardi, CEO of Tudor Investments and President of Tudor Foundation, in June 2023 at its spring fundraiser. As President of the P2P Board of Directors during the pandemic, Mike led the agency through historic growth, and launched the Future Fund Campaign for a Stamford Expansion. It was announced at the event that the Future Fund had raised more than \$400,000 toward a second mobile food pantry.



P2P CEO Nancy Coughlin recognizes P2P Board Chair Mike Riccardi at Evening Under the Stars.

These two events, together, raised more than a half million dollars
for P2P's work

Volunteers are the of Person to Person



P2P relies on hundreds of volunteers to achieve our mission. From Middle School and High School students to active retirees, to corporate employee groups, we are grateful for the contributions of each and every volunteer.

We are always seeking new volunteers to join our team! Opportunities are available Monday through Saturday from 9 AM to 4 PM in various roles, including food pantries, the Clothing Center, Reception Desk, Door2Door home delivery, and event planning for initiatives like the Toy Store and the annual Transforming Lives Luncheon. To learn more, please contact us.

We extend our heartfelt thanks to the thousands of volunteers who rise above and beyond to serve others through P2P.



Volunteers from **STAR, Inc.** sort clothing donations.



George assists clients with "grab and go" in our Norwalk food pantry.

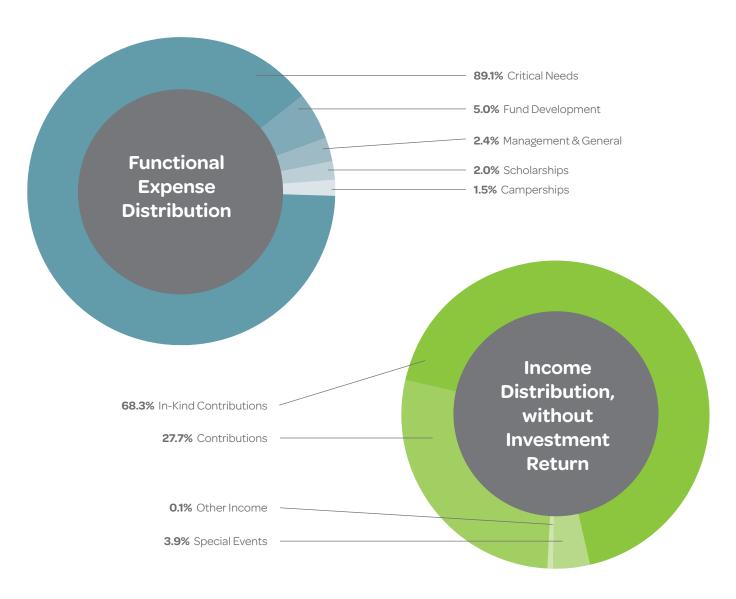


Debbie has volunteered in P2P's Darien reception for more than 5 years answering phones and assisting clients. Her help is invaluable.



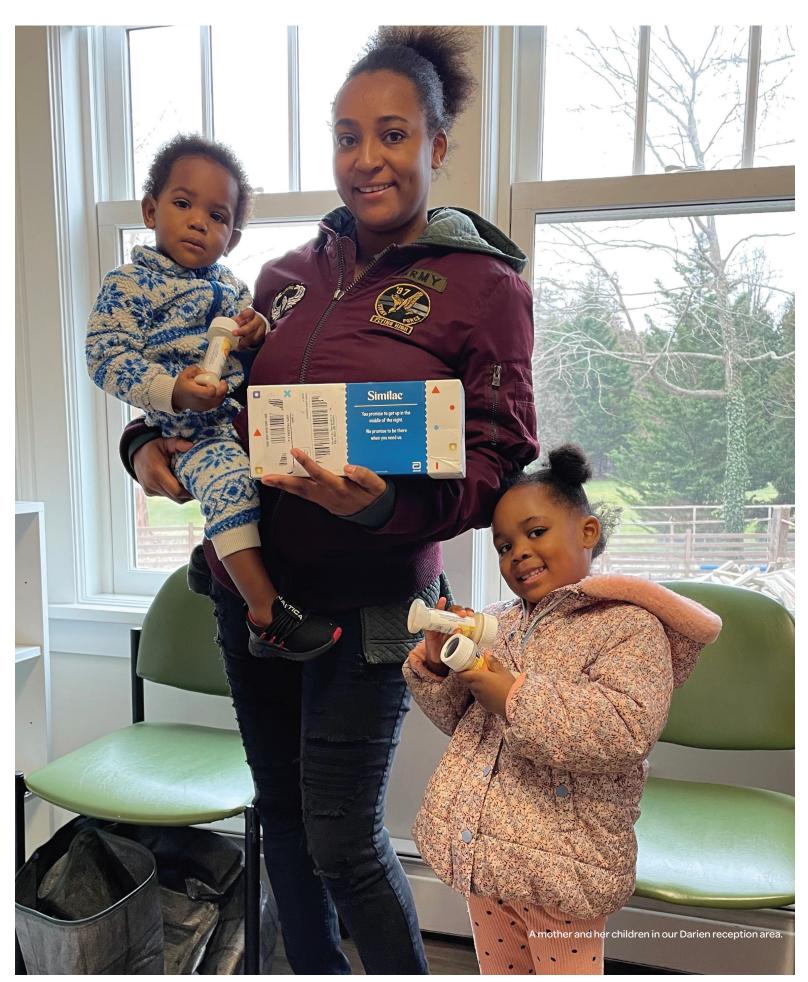
Jimmy, who volunteers twice a week, sorts food donations.





Statement of Financial Position

Total Net Assets and Liabilitie	s \$7,725,139	\$7,394,939	\$8,500,600	\$7,233,400
Liabilities	\$499,384	\$140,307	\$217,400	\$586,600
Total Net Assets	\$7,225,755	\$7,254,632	\$8,290,900	\$6,646,800
Other Agency Net Assets	\$4,112,143	\$4,274,907	\$4,612,000	\$3,636,400
Janet Evans Endowment Fund	\$3,113,612	\$2,979,725	\$3,678,900	\$3,010,400
2	022-23 (7/1/22-6/3-/23)	2021-22 (7/1/21-6/30/22)	2020-21 (7/1/20-6/30/21	2020 (1/1-6/30)





Thank you, Donors!

BEQUEST

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\$50,000+

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Nancy and John Sommi

Nellie and Cliff Snell



My daughter has received a scholarship for university studies which has been of great benefit and has helped my daughter's academic dream.

McCartney Wilkins \$1,000 - \$4,999 Yakut Akman and Thomas J. Duffv Jane and Moses Alexander Kathryn Alexander Amy and Charles Allen, Sr. Evelyn and Steven Anastos Sandra and Juan Andrade Tom and Kathy Arrix Marta Bailey Lisa and Gordon Baird Genie and Arthur Ball Thomas Banks Cathy Cohan and Jeffrey Barat Kaye and James Barker Mary Barone Lidia Bastianich Leasha Batta Cheryl Beacock Margie Beebe Nancy and Bradford Benjamin Lee Berkowitz Jeanne and Eric Bickford Peter and Marilyn Biggins Natasha and Thomas Blair Hannah and Daniel Blonshteyn Susan and Anthony Bloss Elise and Roman Bninski Diane and David Boston Adam Bowman Peter Brandt Thomas and Katherine Brennan Carolyn and Richard Brook Gillian and David Brown III Norman Brown Nancy and N. Harrison Buck Caroline and Charlie Buffin Vyvyan and Stephen Burns Gia Burton Pat and Jeremy Cage Christopher Campbell Brian Carcaterra Charlene Cass

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